



Ebed-Melech University

Course Title: SWC 602: Foundations of Spiritual Wellness in Public Health

Term: Fall 2024 (FA24)

Lead Instructor: Audrey Harris, Ph.D., R.T.(R)(M)(CT)(QM)

Co-Teacher: Dr. Roxanne Kemp, Ph.D.

Contact Information: faculty@ebedmelech.ac

Office Hours: Thursdays at 7 PM Zoom

Course Delivery: Online

Course Description

SWC 602: Foundations of Spiritual Wellness in Public Health is the introductory course in the degree program, providing an in-depth exploration of the current state of spiritual wellness in public health. Over 8 weeks, students will examine the role of spirituality in promoting holistic health, its integration within public health initiatives, and the evidence-based practices that support spiritual wellness as a component of comprehensive care. This course emphasizes understanding the theoretical foundations, current research, and practical applications of spiritual wellness in public health settings. By the end of the course, students will be able to critically assess and apply these concepts within diverse communities, creating impactful strategies for integrating spiritual wellness into public health policies and programs.

Instructor Bios

Audrey Harris, Ph.D., R.T.(R)(M)(CT)(QM)

Dr. Audrey Harris is an experienced educator and radiologic sciences leader with extensive experience in higher education and the healthcare industry. With a strong background in program evaluation, academic advising, adult education, instructional design, curriculum development, and radiologic sciences instruction, she brings a wealth of knowledge to this course. Dr. Harris holds a Ph.D. in Education with a concentration in Professional Studies from Capella University and a Ph.D. in Healthcare Administration from Warren National University.

Dr. Roxanne Kemp, Ph.D.

Dr. Roxanne Kemp is a scholar with a Ph.D. in Technology and doctoral studies in business and psychology. She also holds a graduate certificate in Telehealth. Dr. Kemp brings a multidisciplinary approach to her teaching, integrating technology, psychology, and business concepts with a focus on real-world applications and research methodologies.



Course Objectives

By the end of this course, students will be able to:

1. Understand the role of spiritual wellness in public health and its significance in promoting holistic health outcomes.
2. Conduct a comprehensive literature review on spiritual wellness in public health, identifying key studies, trends, and evidence-based practices.
3. Analyze case studies of public health programs that successfully integrate spiritual wellness components and propose enhancements based on current research.
4. Develop a conceptual framework for integrating spiritual wellness into public health strategies, addressing physical, mental, and spiritual dimensions.
5. Explore interdisciplinary approaches to incorporating spiritual wellness into public health initiatives, considering collaborations with various stakeholders.
6. Design a public health initiative that incorporates spiritual wellness as a core component, including a needs assessment, objectives, implementation strategies, and evaluation methods.
7. Present a comprehensive public health initiative, demonstrating a deep understanding of spiritual wellness in public health.
8. Demonstrate an understanding of ethical considerations when integrating spiritual wellness into public health, including respect for diverse beliefs, cultural sensitivity, and inclusivity.

Course Schedule

Week	Topic	Readings	Assignments
1	Introduction to Spiritual Wellness in Public Health	Chapter 1 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 1 Reflection Assignment: Write a 500-word reflection on the role of spiritual wellness in public health. Discuss how spiritual wellness can enhance holistic health and community well-being. Submit by Sunday at midnight. Course Certification: Complete the certification requirements.
2	Understanding the Role of Spiritual Wellness in Public Health	Chapter 2 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 2 Theory Assignment: Write a 1,000-word paper discussing one theoretical model of spiritual wellness in public health. Analyze its strengths and limitations and its applicability to contemporary public health practices. Submit by Sunday at midnight.
3	Reviewing Current Research and Practices	Chapter 3 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 3 Literature Review Assignment: Conduct a literature review on spiritual wellness in public health (1,500-2,000 words), identifying key studies, trends, and



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4	Analyzing Case Studies and Public Health Models	Chapter 4 of <i>Integrating Faith and Wellness in Public Health</i>	gaps. Summarize findings in a written report. Submit by Sunday at midnight. Complete: Week 4 Case Study Analysis Assignment: Analyze a case study of a public health program that integrates spiritual wellness. Evaluate its effectiveness and propose enhancements based on current research and community needs. Submit by Sunday at midnight.
5	Developing a Conceptual Framework	Chapter 5 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 5 Framework Development Assignment: Develop a conceptual framework for integrating spiritual wellness into public health strategies. Address the physical, mental, and spiritual dimensions of health and ensure it is adaptable for diverse populations and settings. Submit by Sunday at midnight.
6	Exploring Interdisciplinary Approaches	Chapter 6 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 6 Presentation Assignment: Prepare a presentation on interdisciplinary approaches to integrating spiritual wellness into public health. Highlight the benefits and challenges of collaboration and propose strategies for effective collaboration. Submit by Sunday at midnight.
7	Designing a Public Health Initiative	Chapter 7 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 7 Initiative Design Assignment: Design a public health initiative that incorporates spiritual wellness as a core component. Include a needs assessment, objectives, strategies for implementation, and evaluation methods. Submit by Sunday at midnight.
8	Final Presentation and Ethical Considerations	Chapter 8 of <i>Integrating Faith and Wellness in Public Health</i>	Complete: Week 8 Final Presentation Assignment: Finalize and submit your public health initiative proposal. Prepare and deliver a concise presentation summarizing your initiative's key points and demonstrating your readiness to implement your plan. Submit by Sunday at midnight.

Grading Criteria

Assignment	Percentage of Grade
Reflection Papers	10%
Theory Assignment	10%



Assignment	Percentage of Grade
Literature Review	10%
Case Study Analysis	10%
Conceptual Framework Development	10%
Interdisciplinary Approaches Presentation	10%
Public Health Initiative Design	20%
Final Presentation	20%

Passing Grade Requirement: A minimum grade of 80% is required to pass this course.

Course Policies

- **Attendance and Participation:** Active participation in weekly discussions and timely submission of assignments are required.
- **Assignment Deadlines:** All assignments are due by 11:59 PM on the specified date. Late submissions will incur a penalty unless prior arrangements are made.
- **Academic Integrity:** Students must adhere to high standards of academic honesty. Plagiarism or cheating will result in disciplinary action.
- **Accessibility:** Ebed-Melech University is committed to providing equal access to educational opportunities. Contact the instructor or disability services if accommodations are needed.

Office Hours and Communication

Dr. Audrey Harris and Dr. Roxanne Kemp will hold joint office hours every Thursday at 7 PM online via Zoom. For individual consultations or course-related inquiries, please email faculty@ebedmelech.ac.